



**ANNUAL  
REPORT 2022**

**ANGAJA  
FOUNDATION**

# VISION

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To work with the socio-economically weaker sections of the society with special emphasis on women and children and to act as catalysts of change in the lives of economically underprivileged men, women and children to improve the quality of their lives and make it much more meaningful. Our slogan is "an organization with tribal, rural and urban initiative".

# MISSION

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The establishment of Angaja Foundation dates back to 2000. It is registered as a Trust. Through its formation, the founders aimed at improving the lives of underprivileged men, women and children. The organization believes in helping people to help themselves. Wherever we work, whether in the slums or in rural areas the 'poorest of the poor' is our target group. The organization believes in acting as a flash point in solving critical problems like impoverishment in rural areas, environmental degradation and water pollution. It works under a proactive board but the daily activities are supervised by the General Secretary, RakaSinha Bal.

Throughout the year, lessons were held daily in our educational centers at Sewa Nagar (South Delhi) and Kalyanpuri (Block 18) East Delhi. Classes are distributed by age of both genders: 5 to 9 age group and 10 to 14 age group.

The curriculum also includes creative activities, health education, indoor and outdoor games, sports activities, and a library for children, storytelling and general knowledge.



	AGE	ACTIVITIES	SCHEDULE
Adolescent Boys and male children	8- 13 years	<ul style="list-style-type: none"> <li>· Tuition for the children going to school</li> <li>· Indoor and outdoor games / general knowledge / health education and sex education to youth and adolescents, News</li> <li>· Art and Craft, career counseling</li> </ul>	9:30 to 10:30 am  10:30 to 12:30 pm
Adolescents girls and female Children	14 years-above	<ul style="list-style-type: none"> <li>·Health Education to the community</li> <li>·Lunch</li> <li>·Girls tuition</li> <li>·General knowledge/ Art and Craft/ News/ Indoor/ Outdoor games/Career Counseling /Sex Education and Health Education to youth and adolescents.</li> <li>·Health Education to the Community</li> </ul>	12:30 to 01:30 pm  01:30 to 02:00 pm 02:00 to 03:00 pm  03:00 to 04:00 pm   04:00 to 06:00 pm



# SAKSHI A GOLDEN GIRL



On 5th June 2022, Delhi Child Rights Club (DCRC) organized a drawing competition on World Environment Day in which children from both the centers of Angaja Foundation (Kalyanpuri and Sewanagar) also participated. A girl from Sewanagar whose name is Sakshi received 3rd prize for her drawing. After the program was over, Satyaprakash and Deepak, employees of Angaja Foundation, visited Sewanagar on 14 July 2022, where they gathered all the children and distributed bananas to them. Sakshi is 10 years old and she is studying in class V of Sister Nivedita (Senior Secondary) Government Girls High School. Sakshi's mother's name is Savita Devi and her father's name is Rajesh. Sakshi has an elder sister and an elder brother. Sakshi's father is a car driver and Sakshi's mother is a housewife. Sakshi lives in the slums of Sewanagar, where there is no electricity or water. Sakshi is from a very poor family but she is very good at studies and a hardworking girl.

# WASTE TO INNOVATE



Drawing and arts & crafts are done every Friday in the centers of Kalyanpuri and Sewanagar run by Angaja Foundation, in which children from 1st to 4th class do drawing and from 5th to 8th class children do arts & crafts from waste material. The children use biscuits packets, plastic glasses, plastic bottles, plastic plates, biscuits wrappers, packing materials etc to make beautiful and artistic things. Children make items like- paper flowers, charts, paper boats, pen holders, fans, masks etc. In this way the children of Kalyanpuri and Sewanagar Center make lovely arty and crafty things using waste material and learn something new every day.



# CRICKET MATCH MEN VERSUS BOYS



Angaja Foundation organized a cricket match between youth group and adult men in Kalyanpuri. A total of 30 persons participated in this match. There were two teams of 11 persons in this match, in which the first team was named Sultan, and the captain was Satish and vice captain was Rashid. The second team was named Shaktiman, captain was Rahul and vice captain was Bablu. This match was of 10-10 overs. The Sultan team won the toss, and it got a chance to bat first. It scored 115 runs in 10 overs for the loss of three wickets, in which the captain of the team (Satish) scored the highest, a total of 40 runs. Kapil took two wickets and Captain one wicket from Team Shaktiman. After this there was a break of 10 minutes. After the break, Shaktiman team came to the field for batting and scored 118 runs in 9.5 overs for the loss of five wickets and team Shaktiman won the match.



The 'Delhi Child Rights Club' was initiated on Human Rights Day 10th December 1998. And very soon Angaja Foundation became the member of the DCRC (Delhi Children Right Club). This Club enables children in Delhi to meet together to find ways to increase awareness and action about rights of children. The core group meets once in a month to share their issues and plan their activities. DCRC members prepare their Annual Program Calendar in the beginning of every year. Through discussions, workshops, drama, songs and games DCRC members share their experiences, plan and undertake actions like awareness campaigns, and rallies which promote their rights. DCRC members also conduct studies on issues concerning their lives and share it with decision-makers and media.





# CAREER GUIDANCE WORKSHOP WITH DCRC



A Career Guidance Workshop was organized by Delhi Child Rights Club on 23 March 2022 at Lok Kala Manch, in which children from various NGOs participated. The children from Angaja Foundation were also involved. In the workshop, in which field children of class X and XII can make their career, those topics were discussed like - information about the railway department, about the police department, some children got information about the teaching profession, some children got information about banks, some children's inquired about becoming a doctor and about the preparation for UPSC and Staff Selection Commission (SSC) exams after discussing and giving information on all the topics, the workshop came to an end.



# ONLINE MEETING ORGANIZED BY DCRC



An online meeting was organized by Delhi Child Rights Club on 27 July 2022 in which many NGOs participated. Fifteen children from Kalyanpuri Center of Angaja Foundation also participated. In this meeting Ms. Moushumi of Butterflies said that all the children who had participated in the drawing competition of Environment Day will be sent e-certificates on behalf of Delhi Child Rights Club on the mail-id of their NGOs in the month of August. After this Ms. Moushumi talked to the children about the Cultural program which will be organized in the last week of August. She told the children that next month we will organize activities like folk dance, song, drama and poetry in the cultural program. Children from different NGOs can participate in one or two activities in the competition. Ms. Moushumi said that 10 children will participate in the competition from every NGO. After all these discussions the meeting came to an end.



# CULTURAL PROGRAM



On September ninth, 2022, a cultural program was organized by DCRC (Delhi Child Rights Club) at National Bal Bhawan, in which children of various NGOs participated. In this program, eight children from both slum centers of Angaja Foundation also participated. Three employees of the organization (Satyaprakash Chobey, Renu, and Deepak) also went along with these children. In the program, our children danced to the songs (Radha Kaise Na Jale) and (Desh Rangeela-Rangeela) which was mesmerizing to watch. After this, children of other NGOs performed dances on different songs and then the cultural program came to an end.





Our Slum Development Project, involves reaching out to the families, men, women, youth, children and discussing their problems and coming out with solutions.

Designing and incorporating creative project activities which includes tuition, creative games and sports, job opportunities and training, value education, family planning, awareness on ills of drug abuse and alcoholism, child sexual abuse, care for the family, love for animals, importance of girl child, respect for women are all integral to the project. We provide free tuition to those students who are weak in their studies. Through the education centers we conduct creative and sports activities to refresh their mind and daily update on general knowledge and current news for their growth and development. Young boys and girls are helped with their homework, general knowledge on environment, air, water, pollution, health education, value education are taught. Discussions on sex and sexuality, drug abuse, STDs and AIDS are also held with the youth group.

To solve everyday problems that the community faces, a Community group known as Insaniyat group was formed with active members from the slums.

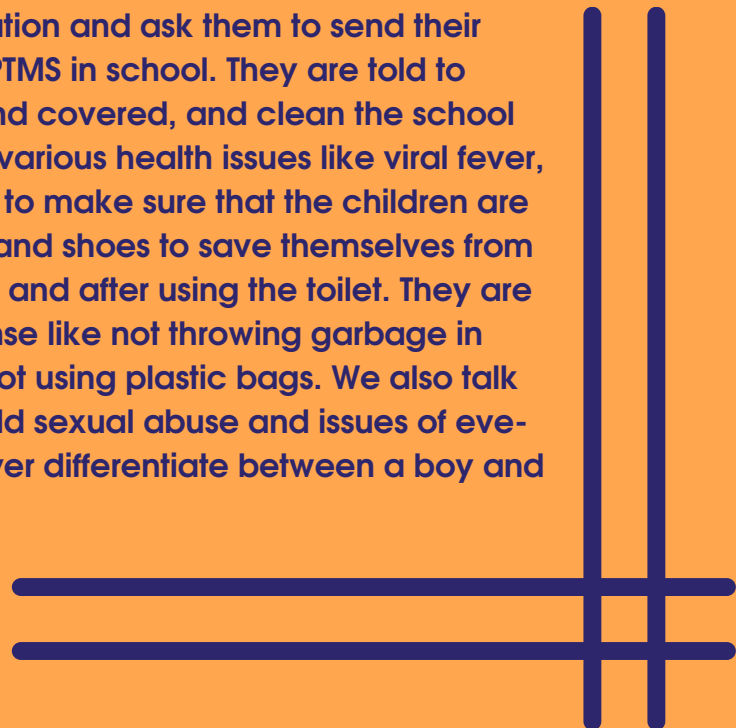


The organization together with the Insaniyat Group, a community watch group takes care of problems such as drinking water, blockages of drains, disposal of garbage and toilet facilities. Meetings with the local political representatives like the MLA and councilor are regularly held to expedite the matter.

At Angaja Foundation, we have formed a Mahila Panchayat and we organize meetings with these women regularly. Mahila Panchayat is a space where they can speak fearlessly when they want help in resolving disputes within a family and community. Mahila Panchayat offers help at the community level and help tackle local disputes and assist in violence against women. The women are explained about how a problem can be solved at the community level instead of going to the police station or the court. Women face major challenges in accessing justice at police stations. We also discuss about various issues such as dowry harassment, eve-teasing, molestation, stalking and other crimes against women.

Sakhi – adolescent girls group 12 to 18 years old and Karuna- adolescent boys group 12 to 18 years old - these two groups for youth was created for career counseling and focuses on employment opportunities, good behavior and their dreams, aspirations, frustrations and problems.

Regular parent – teacher meetings are organized at all our centers to motivate the parents take care of their children and their education. We talk to them about their children's education and ask them to send their children to school regularly and attend PTMS in school. They are told to keep the books and notebooks clean and covered, and clean the school bags regularly. They are also told about various health issues like viral fever, cough and cold, eye, ear, nail care and to make sure that the children are never barefoot, they should wear socks and shoes to save themselves from getting ill, and wash hands before meals and after using the toilet. They are told to teach the children basic civic sense like not throwing garbage in naalis, not urinating in open areas and not using plastic bags. We also talk about issues like respect for animals, child sexual abuse and issues of eve-teasing and stalking and tell them to never differentiate between a boy and a girl and to educate both.



# PARENTS MEETING AT SEWA NAGAR

A parents' meeting was organized on 9th August 2022 at Sewanagar Centre of Angaja Foundation. Twenty five parents participated in this meeting which included both men and women. At the beginning of the meeting, the parents were, asked how they are, and they replied that all is good. After this, all parents complained that the centre is not running properly for the last one month, due to which the children are not able to study properly.



Angaja Foundation's coordinator replied that last month the centre was closed due to poor health of the educator Renu. But now the centre will continue to run properly.

The coordinator asked the parents about the children, now that the centre has started, will all of you send your children to the centre on time. The parents agreed to send their children to the centre. After this, the coordinator asked some more questions to the parents.

Q. If your children have reached the age of school admission, have the children been enrolled in the school?

Ans: - Yes sir, has been enrolled in the school.

Q. How is your children's education going on?

Ans: - For the last one month, education of the children, was not going well. Since the centre has started, children's education is going well.

Q. According to you is it necessary to educate girls or not?

Ans: - Yes, it is necessary to educate girls.

Q. Is your employment status okay?

Ans: - Yes, employment status is okay.

Q. What changes do you want to make which will benefit your children's education and how will you accomplish this.

Ans: - Sending children to school and centre.

Q. Do you know what diseases spread in the summer months?

Ans:-Food Poisoning, Sore Eyes, Dehydration, Headache, Mumps, Asthma Attack.

After asking these questions the coordinator gave the community accurate solutions, to their health problems.



उपस्थित सदस्य- मोनिका, रजनी, सुलेखा, गायत्री, सीमा, रुकसार बानो, अंजलि, सुनीता, संध्या, उर्मिला, शहनाज़, हमीदा, सुहाना, नीतू, राधिका, पूनम, पुजा, कविता, साजीदा, कोमल, हिना, कुसुम, कमलेश

सहायक कर्मचारी- हेमलता, नेहा पाण्डेय जी  
अंगाजा फ़ाउंडेशन सदस्य- सत्यप्रकाशचौबे, राकेशजी  
अंगाजा फ़ाउंडेशन ने कल्याणपुरी 18 ब्लॉक इंद्राकैम्प में स्थित शिक्षा केंद्र पर 14 मई 2022 को महिला पंचायत का आयोजन किया। इस की शुरुवात सब ने एक दूसरे को अपना परिचय देकर किया। उसके बाद सबने मिलके एक गीत से मीटिंगके लिए अनुकूल वातावरण बनाया। इन सबके बीच अंगाजा फ़ाउंडेशन के सदस्यने नेहा पाण्डेय जी का परिचय बस्ती के लोगों से करवाया। जिसके बाद नेहा जी ने बस्ती की महिलाओंके साथ स्वास्थ्य के बारे में बात करते हुए, औरतों के शरीर के बारे में बातें की जिसमें जनअंग और उसमें हर महीनेहोने वाली महावारी की बातें की और साथ ही शरीर की

साफ-सफाई कैसे रखते हैं इन सब विषय में बातें की। इसके बाद कोर्डिनेटर ने बस्ती की महिलाओं से बातें की जिसमें उन्होंने महिलाओं के साथ हो रहे गलत व्यवहार और हिंसाके बारे में पूछा, जिस पर वहाँ की महिलाओं ने कहा की सर अभी तो हमारी बस्तीमें सब ठीक है। और अगर ऐसी कोई भी परिस्थिति होती है, तो उसे हम आपस में बात करके सुलझाते हैं। इसके बाद हमने उनसे 2 साल के छोटे बच्चोंके खान-पान के बारे में बात की जिस पर वह के लोगों को जादा जानकारी नहीं थी उनका कहना था की जो हम खाना खाते है उसमे और पानी मिला के पतला कर उन्हें खाने को दे देते हैं। फिर इन सब को कोर्डिनेटर ने समझाते हुए कहा की 2 साल तक के बच्चोंको दूध, दलिया, पतली खिचड़ीजिसमें बहुत कम नमक, कम तेल व कम मसाले हो जैसी चीज़े खिलनीचाहिए। इसके बाद हमने बड़े बच्चों को दिये जाने वाले पौष्टिक आहार के बारे में बातें की, इस बात का भी बस्ती के लोगों को जादा जानकारी नहीं थी। जिस पर हमने उन्हें बताया की पौष्टिक आहार वो होते हैं, जिनसेबच्चों का मानसिक व शारीरिक विकास होता है। इनके लिए आप आप हरी सब्जियों, ताज़े फल, दूध, अंडा, दाले, सोयाबीनजैसे चीज़ोंका उपयोगकर सकते हैं। लेकिन इसके साथ भी आपको इन बातों का ध्यान रखना होगा की, खाना अच्छेसे पका हुआ हो, उसमेंतेल, नमक, व मसाले की मात्रा कम हो। इसके बाद हमने उन सभी लोगोंसे पीने के पानी के बारे में बात की, जिस पर हमें पता चला की वो लोग पानी को लाकर सीधे तरीके से उपयोग में ले लेते हैं। इस पर हमने उन्हेंऐसा करने से साफ माना किया और पानी को उबाल कर पीने की सलाह दी। इसके बाद हमने उनसे पूछा की अगर किसी भी व्यक्ति की तबीयत खराबहो तो उस परिस्थिति में आप लोग क्या करेंगी। जिस पर उन्होंनेअपनी अपनी राय देते हुए कहाँ की पहले हम घरेलु इलाज़करेंगे अगर उससे ठीक नहीं हुए तो मेडिकल स्टोर से दावा लाकर दे देंगे लाल पत्तेवाली, इसके बाद हमने उन्हेंसमझाते हुए कहा की हर बीमारी एक जैसी नहीं होती जो की घरेलु इलाज़ से अथवा लाल पत्तेवाली दावा से ठीक हो जाए। इसलिए आपको सबसे पहले बीमारव्यक्ति को डॉक्टर को दिखाना चाहिए। इसके साथ सभी महिलाओ को महिला आयोग का हेल्प लाइन नंबर-181 के बारे में जानकारी दी और बताया की मुसीबतया हिंसाके समय यह नंबर उनके काम आएगा। इसके बाद सभी महिलाओंको नाश्तादेकर महिलापंचायत का समापन किया गया।



# गणतंत्रता दिवस समारोह



इस बार भी हर साल की तरह अंगाजा फ़ाउंडेशन एन॰जी॰ओ ने अपने दोनो शिक्षा केंद्रों पर 26 जनवरी का त्योहार सभी बच्चों व वहां के लोगों के साथ मिलकर मनाया। इस संस्था में कार्य करने वाले कोर्डिनेटर ने बच्चों व वहां के लोगों को एक जगह पर इकठा किया और उन्हें अलग-अलग लाइनों में खड़ा किया उसके बाद झंडे को फैराया गया। उसके बाद सबने मिलके राष्ट्रीयगान गाया। जिसके बाद कोर्डिनेटर ने 26 जनवरी का महत्व बताते हुआ कहा की ये देश का त्योहार है इस दिन देश का संविधान लागू हुआ था। इस संविधान को बनाने में बहुत से स्वतंत्रता सैनानी के लोगों ने हिस्सा लिया, जिस्मे इन लोगों ने बहुत प्रयासों से इसे बनाया। डॉ॰ भीम राव अम्बेडकर को संविधान का रचियता कहा जाता है, और वो एक छोटी जाती में पैदा हुए थे। उसके बाद भी उन्होंने अपने आपको इस काबिल बनाया कि वो देश में संविधान जनक बने। उन्होंने लोगों के प्रति जाती को लेकर गलत सोच को बदला। संविधान बनने में 2 साल 11 महीने और 18 दिनों का समय लगा। संविधान का महत्व बताते हुआ कहा कि इसके ज़रीये ही संविधान में प्रशासन या सरकार के अधिकार, उसके कर्तव्य और लोगों को सही नियम, उनके अधिकारों के बारे में जानकारी, देश से मिलने वाले अनेक तरह के फायदे आदि बातों का पता चलता है। भारत का संविधान विश्व के किसी भी गणतान्त्रिक देश का सबसे लंबा लिखित संविधान है। इसके बाद वो बच्चों को लेकर पार्क गये और उन्हें रेस,खो-खो ओपेन एक्ससाइज़ जिम का गेम करवाए, जिसमें बच्चों ने बहुत आनंद लिया।



# सखी ग्रुप मीटिंग

कल्याणपुरी शिक्षा केंद्र पर हमने इस फरवरी के महीने में भी सखी ग्रुप की मीटिंग का आयोजन किया। जिसमें 15 किशोरियों ने हिस्सा लिया। मीटिंग की शुरुवात बच्चों ने देश भक्ति गाना गा कर किया।

**Q** क्या आप सबकी स्कूल की शिक्षा ठीक से चल रही है ?

**A** सर अभी तो स्कूल तो बंद है, पर वर्क शीट के जरिये और मिशन बुनियाद की किताब के जरिये घर ही पढ़ाई होती है।

**Q** क्या आप सब कोरोना व उसके नए वारियंट ओमिक्रोन से कैसे बचाव करेंगे ?

**A** सर बचाव के तरीके हमें मालूम है जैसे बहुत जरूरी हो तभी घर से बाहर जाना है। बाहर जाते समय मास्क पहनना है, बाहर में अपने हाथ से आँख, नाक और मुह का नहीं छूना है, घर आने के बाद साबुन से हाथ जरूर धोना है, अपने आप को भीड़-भाड़ वाली जगह से दूर रखना है सब से उचित दूरी बनाकर रहना है। इसके साथ कोर्डिनेटर ने बताया की अगर किसी को यह बीमारी हो जाती है तो सरकार द्वारा बनाए गए ट्रीटमेंट सेंटरों में उन्हें रखना चाहिए।



**Q** क्या आपके साथ या बस्ती में रह रहे अन्य बच्चों के साथ किसी भी प्रकार का गलत व्यवहार या हिंसा हो रही है?

**A** सर हिंसा तो नहीं होती पर गलत व्यवहार हमारे साथ कभी कभी होता है- जैसे हमारे भाइयों की तुलना में हमारे ऊपर बहुत से पाबंदी लगा दी जाती है चाहे वो बात आगे तक पढ़ाई की हो या फिर बाहर जाने की आज़ादी आदि।

**Q** क्या आपके घरों में आपकी माँ या अन्य महिलाओं के साथ किसी भी तरह की कोई हिंसा होती है?

**A** सर हमारे घरों वैसे तो हिंसा नहीं होती है पर कभी कभी घर में लड़ाई हो जाती है, जो कुछ देर के बाद ठीक हो जाती है। इसके इलावा उन्हें दूर जाकर काम करने के लिए माना कर दिया जाता है।

**Q** आपका अपने माता-पिता और अन्य भाई-बहनों के साथ कैसे संबंध है ?

**A** बच्चों के अनुसार उनके माता-पिता और अन्य भाई-बहनों के साथ अच्छे संबंध हैं।

**Q** महावरी के समय आप सैनेट्री पैड का इस्तेमाल करते हैं या कपड़े का ?

**A** मैडम हम लोग सैनेट्री पैड का इस्तेमाल करते हैं।

**Q** आपकी बस्ती में छेड़खानी, पीछा करना, बलात्कार, एसिड अटैक करने वाले जैसे लोग रहते हैं क्या ? या आपके आस-पास इस तरह की कोई घटना घटी है ?

**A** बच्चों ने बताया की उनकी बस्ती में फिलहाल ऐसे कोई इंसान दिखा नहीं और ना ही अभी इस तरह कोई वारदात हुई। हाँ पहले एक बार एक व्यक्ति ने एक लड़की को छेड़ा था जिसके बाद लोगो ने शिकायत की और पुलिस उसे लेकर गयी।

**Q** आपके अनुसार आपकी बस्ती में किसी तरह की कोई समस्या है ? अगर हाँ तो आप किस तरह से इसका समाधान निकालेंगे ?

**A** नहीं सर अभी तो हमें किसी तरह की कोई समस्या नज़र नहीं आ रही है।

**Q** यदि आप किसी तरह की समस्या में है तो अपनी मदद के लिए कहाँ सम्पर्क करेंगे और क्या

**A** बच्चों ने कहा की सर हम अपने माँ-पिता जी को बताते हैं, जिसके बाद कोर्डिनेटर ने बच्चों को चाइल्ड हैल्पलाइन नंबर 1098 व महिला हैल्पलाइन नंबर 1091 के बारे में बताया।



Q. आप सब लोग कैसे हैं, और आपकी बस्ती में क्या – क्या कार्य चल रहे हैं? A. लोगों ने कहा की वे सभी लोग स्वस्थ हैं। तथा बस्ती में अभी सीवर डलने का काम चल रहा है।

Q. आप लोगों के पास इस समय रोज़गार उपलब्ध है या नहीं?

A. बस्ती के लोगों के अनुसार कोरोना बीमारी के पहले सभी के पास अच्छा खासा काम था पर बीच में बीमारी के चलते सब काम बंद पड़ गए, पर कुछ महीने पहले से सबको कोई न कोई काम मिल गया है, जैसे मजदूरी का काम करना, दुकानों पर काम पर काम करना, जिससे उनका गुजारा चल रहा है।

Q. कोरोना के नए वैरियंट से आप किस तरह से अपना व अपने परिवार का बचाव कैसे करेंगे?

A. जिसमें लोगों ने कहा की सर हम तो काम धंधे वाले इंसान है तो हमें तो बाहर जाना ही पड़ेगा लेकिन हम बाहर जाते समय कोरोना से बचने के लिए मास्क पहनेंगे, और काम पर पहुँच के साबुन से हाथ धोयेंगे घर पर जाकर भी पहले हाथ धोयेंगे उसके बाद ही सबसे मिलेंगे, बच्चों व अन्य परिवार के लोगो बिना बाहर जाने पर रोकेंगे।

Q. क्या आप लोगों को 2 वैक्सीन लग चुकी है?

A. हाँ ज्यादातर लोगों को वैक्सीन के डबल डोस लग चुके हैं।

Q. बस्ती में आप लोगों के सामने किस-किस तरह की परेशानी आती है, और आप इसे कैसे दूर करेंगे?

A. बस्ती के लोगों ने बताया की हमारे आस पास की नालीया भर जाती है, कचरा फैला रहता। ये कचरा हम लोगो के द्वारा ही हुआ है, अगर हम अपने आस पास सफाई करेंगे तो इन समस्याओं से बचाव होगा।

Q. क्या आपकी बस्ती में रहने वाली महिलाओं पर किसी भी तरह का कोई भी हिंसा होती है, तो हमें बताएं?

A. इस प्रश्न के उत्तर में पुरुष व महिलाओं दोनों ने कहा की सर कहा सुनी हर घर में होती है, हमारे बीच में भी होती है, पर कुछ समय के बाद सब ठीक हो जाता है।

Q. आपकी बस्ती में जितने भी बच्चे 5 साल या उससे बड़े अधिक है, क्या उन सभी का स्कूल में दाखिला है?

A. हाँ सर, बच्चों का दाखिला तो है पर कोरोना की वजह से पढ़ाई में बहुत नुकसान हुआ है।

Q. क्या आप लोगों को सरकार की तरफ़ से फ्री राशन मिल रहा है?

A. इसमें इंसानियत गुप के लोगों ने बताया की राशन की सरकारी दुकान पर हर महीने लोगों को फ्री राशन मिलता है।

Q. क्या आप सभी लोग बस्ती के लोग आपस में एक दूसरे से बातें करते हैं या नहीं? नहीं तो क्यों नहीं?

A. हर तरफ़ बीमारी का खतरा है इसलिए हम लोग आपस में दूर से ही कभी-कभार बातें करते हैं।

Q. आपको मालूम है अब 15 से 18 साल के बच्चों को भी वैक्सीन लग रही है आपने बच्चों को लगवाई क्या ?

A. जी सर मोबाइल व टोकन के हिसाब से वैक्सीन लग रही है और हम आपने बच्चों को लगवा रहे हैं।

Q. क्या आपको ओमिक्रोन कोरोना के बारे में मालूम है?

A. नहीं, जिसके बाद हमने (अंगाजा फ़ाउंडेशन) के प्रोजेक्ट कोर्डिनेटर उन्हें उन लोगों को इसके लक्षण को बताया व इससे बचाव के तरीके को बताया, व काढ़ा की विधि बताई और बनावे दिन में एक बार पीने को कहा, कम तेल, मसाले, नमक को खाने को कहा, हल्दी का उपयोग खाने में करने को कहा।

# महिला पंचायत कल्याण पूरी



Q. क्या आपको महिलाओं पर होने वाले हिंसा के बारे में पता है? अगर हाँ तो तो ये किस तरह की होती हैं

A. सर, हमारे साथ कई बार पैसों के चक्कर में और फिर रोका-टोकी के मामले में आपस में बहस और लड़ाई भी हो जाती है। जिसके बाद घर का माहोल भी खराब हो जाता है, और उसे सही होने में कुछ दिन का समय लग जाता है।

Q. आपको अपने अधिकारों के बारे में क्या पता है?

A. सर, हमे अधिकारों के बारे में तो सही से तो नहीं पता पर, हां इतना समझ आता है, की हमे पुरुषों के समान अधिकार नहीं मिलते। जैसे उनकी तरह आज़ादी नहीं होती। घरों में रहना पड़ता है आदि।

Q. आप एक पुरुष के सामने खुद को कैसा देखती हैं?

A. जब भी बात पुरुषों के सामने खुद को देखने की होती है, तो हमारे समाज ने बहुत से ऐसे नियम कानून बनाए है जिनसे हम उनके सामने खुद को कमज़ोर समझती है। जैसे पहनवा, शिक्षा, निर्णय लेना आदि।

Q. क्या महिलाओं को स्कूली शिक्षा की आवश्यकता है? अगर हाँ तो क्यों ?

A. सर, महिलाओं को स्कूली शिक्षा की बहुत आवश्यकता है, क्यूंकी उससे ही उनका विकास होगा और सोचने समझने की शक्ति मिलेगी।

Q. महिलाओं से जुड़ी किसी भी प्रकार की हिंसा में आप कहाँ से मदद लेंगी ?

A. सर, पहले तो हम घर के लोगो से मदद लेंगे उसके बाद पुलिस से लेंगे। जिसके बाद कोर्डिनेटर ने महिला हैल्पलाइन नं० 1091 व चाइल्ड हैल्पलाइन नं० 1098 के बारे में बताया।

Q. क्या आप और आपकी बस्ती में से किसी को किसी भी तरह की कोई बीमारी है? जो लम्बे समय से चल रही हो या अभी भी आप इससे सफ़र कर रही हो?

A. जी सर, कुछ साल पहले मेरी आंखों में मोतियाबिंद जिसकी वज़ह से मैं साफ नहीं देख पाती हूँ, मैंने कुछ साल पहले अपने दोनों आँखों का ऑपरेशन करवाया एक डॉ श्रोफ़ आइ अस्पताल में दूसरा प्राइवेट अस्पताल में जिसके बाद भी मेरे आंखों की रोशनी वापस नहीं आई, जब हमने डॉक्टर से पूछा की हमारी आँखों की रोशनी क्यू नहीं आयी तो उन्होने बताया की मेरी आंखों की जो नशे हैं वो सुख चुकी है उनमें खून बहना बंद होगया है इसलिए आपकी आँखें ठीक से नहीं देख पा रही है दूसरी अब आपकी उम्र भी 75 साल की होगयी है।

Q. आपको ओमिक्रोन कोरोना वायरस के बारे में पता है, और उससे बचाव के तरीके पता है?

A. नहीं, जिसके बाद हमने (अंगाजा फ़ाउंडेशन) के प्रोजेक्ट कोर्डिनेटर उन्हे उन लोगों को इसके लक्षण को बताया व इससे बचाव के तरीके को बताया, व काढ़ा की विधि बताई और बनाके दिन में एक बार पीने को कहा, कम तेल, मसाले, नमक को खाने को कहा, हल्दी का उपयोग खाने में करने को कहा। और यदि यह किसी को हो जाए तो सरकार द्वारा जो कोविड शेल्टर बनाएँ हैं उनमें उन्हें रखें।

Q. आपने ई-सरम कार्ड बनवा लिए या नहीं?

A. हाँ सर, हमने कम्प्युटर की दुकान से बनवा लिए है।



One of the components of our activities is the celebrations of various religious Indian festivals. This is a very important part of our work because these events bring children together and bring joy to everyday life. Also, these celebrations have an educational aspect and focus the attention (of children) on the importance and value of preserving traditions





# FREEDOM, FREEDOM, FREEDOM



Independence Day was organized by Angaja Foundation at the Sewa Nagar and Kalyanpuri. Twenty children and seven adults participated in this program. The children were made to stand in line, after that the flag was hoisted by the coordinator, followed by the national anthem sung by the children. After that, the children also sang a patriotic song (Desh Rangeela-Rangeela). After that coordinator informed the people about the importance of 15th August as on this day in 1947, Indians got independence from British rule. The first Prime Minister of India, Pandit Jawaharlal Nehru first hoisted the flag at Red Fort. Since then every year the Prime Minister of the country hoists the flag at the Red Fort and pays tribute to all the martyred freedom fighters.



# CELEBRATING JANMASHTMI



Radha and Lord Krishna were good friends from childhood. But Shri Krishna was married to Rukmani. She had taken care of the parents of lord Krishna, and due to this reason, lord Krishna married Rukmani. Sri Krishna is an incarnation of Lord Vishnu. Every year people observe a fast on this day to get the blessings of Shri Krishna and offer prayers in the middle of the night with rituals. After telling them all this, the coordinator got the children to do art and craft on this subject.

Angaja Foundation celebrated Janmashtami festival with children of the slum centers. The Coordinator told the children about Janmashtami and that Krishna was the 8th child of Vasudev and Devaki. Devaki was the sister of Kans. Kans was the king of Mathura and he was a tyrannical king. A Brahman had told and that Devki's eighth child would kill him. After hearing this, Kans imprisoned Devaki and her husband Vasudev and killed all their children.

Krishna was born 5200 years ago in the jail of Mathura on the Bhadrapad Ashtami. According to the Hindu calendar, Bhadrapad Ashtami is the 8th day of the month of September. Fearing Kans, Vasudeva crossed the Yamuna and left the newborn Krishna at night in Yashoda's home in Gokul (Mathura). A prison soldier helped Vasudev to get the newborn Krishna out of jail. He was brought up in Gokul. Yashoda and Nand were his foster parents.





# NINE NIGHTS OF GODDESS DURGA



Navratri is the greatest Hindu festival. It is celebrated for nine days. Nava means nine and ratri means night. It symbolizes the triumph of good over evil. Navratri takes place at the beginning of October around harvest time. Navratri is also known as Durga Puja. People worship the goddess Durga and her avatars. This festival symbolizes purity, power, and Shakti. At this time it is customary for people to fast to fulfill their wishes. People make offerings to the goddesses and her avatars. Many rituals are performed in the honor of the Goddess. One popular ritual is Kanya Puja, which takes place on the eighth or ninth day. During Kanya Puja, nine young girls are dressed as the nine goddesses worshipped during Navratri, and given offerings such as food and clothing.

On 26 th of September 2022 Angaja Foundation celebrated Navratri at Kalyanpuri and Sewa Nagar centers. Our staff with children paid obeisance to Goddess Durga and performed pooja at the temple. The children were tied with threads to get a blessing from the goddess. There was a huge rush of devotees while visiting the temples. The temple was decorated with flowers and fairy lights. Angaja Foundation staff also organized drawing and craft activities for kids and distributed snacks to them. Children danced to their favorite songs and had enjoyed great fun at the center.

# GOOD WINS OVER EVIL

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On 5th of October 2022 Angaja Foundation celebrated the occasion of Dussehra at Kalyanpuri and Sewa Nagar centers. Dussehra celebrates the victory of good over evil. This festival was celebrated on the Day Rama killed Ravana in a battle. One of the main features of the Dussehra festival is the performance of Ram Lila. This play is performed in every village and city in India. Ramleela play was enacted by children depicting the life incidents of Rama. Children played the role of Ram, Sita, Laxman, Hanuman, and Ravana. . Children enthusiastically participated in all the activities.



# LIGHTS PEACE AND JOY



Diwali is one of the biggest festivals in India. Diwali is celebrated in all parts of India with great pomp and show. The festival of Diwali holds great importance in the Hindu tradition. On this day, Shri Ramchandra returned to Ayodhya with Sita after killing Ravan the evil King of Lanka. The festival symbolizes the victory of light over darkness and good over evil. It is the festival of love, joy, and brotherhood.

Shops, streets, and houses are illuminated with lights, lamps, and rangolis. People wear new clothes and exchange gifts and sweets with each other. At night, the worship of Goddess Laxmi and Lord Ganesha is completed.

On 22 nd of October Angaja Foundation celebrated the Diwali festival at Sewa Nagar and Kalyanpuri centers. Our staff Mr. Deepak and coordinator Mr.Chobey made beautiful colorful rangoli that looked very artistic and impressive. They decorated the classroom with diyas and flowers. At the centers, we organized diya decoration activities for kids. After the diya activity, Ladoos were distributed to the children.

At the end of the program, our staff encouraged children to move from darkness to light and spread the light of wisdom, love, peace, and prosperity.

# IN MEMORY OF THE FIRST GURU



Guru Nanak Jayanti is a very big day for those who follow Sikhism. They celebrate the day to remember and pay gratitude to Guru Nanak, the first Sikh Guru. People respect him immensely for his great contributions to humanity. This celebration occurs on the full moon. He was the founder of the Sikh Panth and was born on April 15, 1469, at Rai-Bhai-Di Talwandi (today in Pakistan). Guru Nanak had always been a spiritual person since childhood. He led so many people away from superstition and hypocrisy and showed them the correct path. On this day Gurdwaras are decked with flowers and lights. Hymns are sung in honor of Guru Nanak by groups of singers. Gatka teams perform Gatka (a Sikhism-related traditional martial art) and stage mock fights with weapons.

On 8<sup>th</sup> of November 2022 at Sewa Nagar and Kalyan Puri centers we celebrated Guru Nanak Jayanti. Angaja Foundation organized a craft activity with children. After they danced to their favorite songs. Children's parents were also present that day at the centers. All of them had a great time while celebrating Guru Nanak Jayanti.



# PERSEVERANCE AND FAITH



Angaja Foundation staff visited the Sewa Nagar education center on the occasion of Guru Teg Bahadur Jayanti. The coordinator shared a small story on Guru Teg Bahadur Jayanti with the children which is celebrated every year.

He told them that Guru Teg Bahadur Jayanti being observed every year on 24<sup>th</sup> November. He was the ninth guru of the Sikh saints. He laid down his life for the rights of a community of people who were not even of his religion. He was beheaded in the year 1675 on the orders of the Mughal emperor Aurangzeb. The emperor aimed to convert the Hindu population in India to Islam at the risk of execution if they rebelled against his diktat. A delegation of Kashmir Pandits sought help from Guru Teg Bahadur to prevent the conversions.

Guru Teg Bahadur proclaimed that if the emperor was successful in converting him to Islam, then the others would be ready to convert too. He was then arrested and presented in front of the emperor. Upon refusing to convert to Islam, he was imprisoned for 4 months. He was still refusing to be converted, Guru Teg Bahadur was ordered to be beheaded by the emperor. His beheading was carried out in front of the public in Chandni Chowk. The execution was on 11<sup>th</sup> November 1675. Today, a gurudwara stands at the spot where the Guru was martyred, called the Gurudwara Sis Ganj.

After sharing this story, the coordinator organized a drawing activity for students at the Sewa Nagar center and 16 children participated in the activity.



# CHRISTMAS CELEBRATION



Christmas Festival is celebrated across the world on 25th December. This festival celebrates the birth of Jesus Christ. On Christmas, people attend mass and worship Jesus in church. Traditionally this is a holiday period. On this day people decorate their houses with candles, and lights and decorate Christmas trees. Delicious dishes are prepared at home. People up in Santa Claus costumes and distribute gifts to relatives and friends. The festival promotes happiness, prosperity, and brotherhood among people.

On Christmas day, sixteen children participated from Sewa Nagar. Children drew Santa Claus and Christmas trees in their drawing books. Children performed a small play on the birth of Jesus. Children played characters like Joseph (father of Jesus), Mary (Mother of Jesus), three Kings, and Shepards. These underprivileged children enjoyed themselves and were filled with joy.



Angaja Foundation is an active organization working for the welfare of animals in distress. The organization runs a shelter for the care and protection of dogs in Jaunapur, Delhi, which is located ahead of Andheria Mode. We pick up stray dogs from the streets, send them for sterilization and the animals in need are taken to our shelter. They are taken care of in a good environment and proper food, water and medical care is provided to them. There are 50 dogs in the shelter. We are thankful to MCD for picking up the dogs for sterilization, without which too many unwanted puppies would be born. We are also feeding cows and keeping water troughs for cows and other animals. Foundation takes sick dogs to Pasha Veterinary Clinic for treatment. The clinic is located in Gorgoun but not far from the shelter. Also, citizens who find wounded animals and birds contact us asking for help. Our coordinators also visited many dairy farms in Delhi and NCR during the year to analyse the condition of the farms and the cattle. The dairies do not have free space for animals. They do not let allow their cattle to move freely without being tethered. Most of the dairies have weekly doctor visits to check up on the condition of the cattle. A few dairies were dirty, although the animals were being given proper food and drinking water. Angaja Foundation's initiative to visit Gaushalas is to check whether proper shelter, veterinary care, feed and water is provided to thousands of cows living in these shelters. More than 50 Gaushalas have been visited by the animal project coordinator. Most of the Gaushalas in Delhi do not receive funds from the government and are being privately run with help from local people and temples and also by the sale of milk and cow dung. Space is a major issue for most of the private Gaushalas. We also visit stables all over Delhi where horses which are used in weddings are kept, to ascertain whether they are getting proper food and about their health status and that they are not being ill.

# PUPPIES GOT A HOME

People from the Camelia's apartment complex in Gurgoan informed Ms. Raka Sinha Bal about four puppies which were born in the Camelia complex garden and may not be survive in the extreme cold. She immediately reached there to rescue them on 31/12/2022. She found these puppies were wrapped in the blankets provided by Camelia complex staff. They were also being provided food. Ms. Raka put the puppies in a carton and brought them to the Jaunapur Shelter.

She informed her staff regarding these four puppies named Meera, Laxmi, Tina and Mala. Angaja staff provided food on time and took care of them. One of the puppy's Meera died due to illness. All three puppies are healthy and strong. They have also been vaccinated.



## A MIRACLE HAPPENED FOR BOBBY



Bobby is a male puppy black and has a small white spot on the chest and is four months old. He was rescued on 18/11/2022 from Sultanpur farm ahead of Andheria Mode. Bobby was hit by car and was not able to walk .When Angaja foundation picked up the puppy, he was taken to the Pasha hospital in Gurgaon. Dr. Abhishek Thakran treated Bobby and advised that Bobby needs surgery as he was not able to stand properly, an X-ray was taken and it showed, he had a fracture in his right leg. The staff of Angaja foundation followed each step for Bobby's recovery. After treatment Bobby's right leg fully recovered without surgery. It shows that a lot of love and care helped Bobby to recover from the injury. Bobby is very happy and enjoying himself with the other dogs in the shelter.



# A CAT RESCUE



A woman called from Rajouri Garden, Delhi to Angaja Foundation and said about a kitten that is roaming unattended near her house. After this, the employee of Angaja Foundation talked to the woman and asked her if she could keep that kitten with her. At first the lady refused because she had no knowledge of raising animals. Then we talked to her and made her understand about how she could look after the kitten. Madam Raka Sinha Bal president of Angaja foundation also gave some important points to the lady, which could help in raising the kitten. She then began feeling sorry for the kitten. She got it examined by a doctor and then adopted the animal. This is how an abandoned kitten found a home with help of Angaja foundation.

# PARROT GETS A NEW LIFE

An employee of Angaja Foundation found a parrot in Defence Colony near Durga Park. The parrot was not able to fly, it seemed that a bird had attacked that parrot, due to which it was not able to fly. After that the staffer caught the parrot and brought it to the Delhi office, where they gave water to the bird. After that the staff took the parrot to Wild Life SOS at Defence Colony. From there, Wild Life SOS took the parrot to Gurgaon Bird hospital where he was treated and after three days he was made to fly away. In this way, with the help of Angaja Foundation and Wildlife SOS, the parrot got a new life.



# HELPING HUNGRY DOGS AND PUPPIES



The President of Angaja Foundation (Raka Sinha Bal), on her way home saw five puppies, one female dog and a male dog near the Wadia Farm in Jaunapur Village. Ms. Bal stopped her car and took milk for the dogs and puppies and fed them. After that she asked her employees (Raju and Prahlad) to take care of the puppies and dogs and feed them every day. They get two liters of milk in the morning and chicken, rice and vegetables in the afternoon. For the last five months, the staff of Angaja Foundation is taking good care of these puppies and dogs. The gates of Wadia Farm have space for the puppies to come out. Recently one puppy came under a vehicle and died. Therefore it was decided to bring the puppies into the shelter to keep them safe. They have now happily adjusted in the farm house shelter. Another puppy was born at a nearby farm, who is five months old and is being given milk and food by us.



# ANTI RABIES VACCINE



Angaja Foundation is an active organization working for the welfare of animals in distress. The organization runs a shelter for the care and protection of dogs in Jaunapur, Delhi, which is located ahead of Andheria Mode. Angaja Foundation with the help of Municipal Corporation (South Delhi) administered anti rabies injection to seven dogs at Jaunapur shelter, Angaja Foundation employee Dinesh helped in the anti rabies injection process.

These dogs were brought from Lucknow by Dinesh, on 19th January 2022. The names of these dogs are Pooja, Ram, Krishna, Laxman, Salman and Rahim. All the dogs were given anti rabies injections in the shelter home by Dr. Malay Kumar.

Dr. Malay Kumar also gave some information about the anti rabies vaccine. The vaccine is available in many forms and is effective as well as safe; this vaccine is suitable for a short period of time to protect against rabies disease after a dog has been exposed to the rabies virus after a bite. After three doses of this vaccination, the immunity that is built up in the body remains for a long time. People, who are at high risk of exposure to the rabies virus, should also get the anti-rabies vaccine, on the advice of a doctor, at frequent intervals. All the work was done under the supervision of Raka Sinha Bal, President of Angaja Foundation. The MCD Veterinary Govt. Clinic in Jaunapur has done a great job for us.



# THE DAY PRIYA GOT INTO TROUBLE



Angaja Foundation helps distressed animals and prevention of cruelty to animals. We have set up an animal shelter which is located in Jaunapur Village ahead of Mehrauli. We pick up stray dogs from the street, abandoned or facing cruelty and they are taken to our shelter. There are forty five dogs at the shelter that are taken care of in a good environment and proper food, water and medical care is provided to them. On 25th July 2019, Sujata Prasad a well-known bureaucrat brought two female dogs Priya and Meena to the shelter. She had rescued both at New Moti Bagh where one of them was badly injured in an accident. Recently Priya was injured in crossing the wire boundary of the shelter on 15 July 2022. Immediately after the injury, she was sent for treatment to the charitable wing of C.G.S Hospital Pasha. The doctor gave the dog (Anesthesia) and stitched up her wound. There is a lot of improvement in Priya's condition. She is being taken regularly to Pasha Hospital till her full recovery.

## BEAUTIFUL SITA



There were three beautiful puppies found in Gwal Pahari on the Delhi –Haryana border in June 2022. Luckily two were picked up by someone to look after and one was picked up by me (president of Angaja Foundation Raka Sinha Bal). Sita is a beautiful puppy, she has white fur and is very active. She runs for her milk and her two meals, which she gets thru the day.

## CHULBULI TIA



One day I received a mail from Ravinder Singh a resident of Khirkhi Extension near Saket in Delhi telling me about a puppy who had been badly injured. Some children had brought the puppy to her. She treated Tia and then asked a family to keep the puppy with them. But after two months they told Ravinder that they are unable to keep the puppy because they are a large family living in one room. She brought Tia to the Angaja Foundation, animal shelter in Jaunapur in June 2022 and luckily the puppy has adjusted very well. For her comfort level she follows some persons all over the farm like the mali and ferociously barks at the mastiffs who live indoors where the shelter is located.

# LUCKY KITTENS



In a Vasant Kunj market, a cat gave birth to three kittens. Dogs unfortunately are sworn enemies of cats. Therefore one unfortunate day, one kitten was attacked by a dog, it was badly injured and after a few days it died. A shopowner in the market who was looking after the kittens informed me (Raka Sinha Bal President of Angaja Foundation). I asked my friend Sujata a dedicated animal lover for help. Sujata who is advisor with the National Gallery of Modern Art asked around and finally Sushmit a deputy curator of the Gallery offered to adopt the kittens. He and his friend live in Vasant Kunj and they have a small dog. On the first night the kittens got salmon to eat and they and the doggie are getting along very well. May the Buddha bless Sushmit and his friend for their generosity and kindness. Lucky,Lucky,Lucky kittens.





# SAVE THE PIGEON LIFE



11 फरवरी 2022 को शाम के समय में अंगाजा फ़ाउंडेशन की प्रेसिडेंट राका सिंहा बल को ऑफिस के बाहर गोंद के जाल में फ़सा हुआ कबूतर दिखा, जिसके बाद उन्होंने राकेश जी और देवेन्द्र जी, जो की संस्था के कर्मचारी हैं, उन्हें बुलाकर उस कबूतर को दिखाया, जब उन्होंने कबूतर ठीक से देखा तो पता चला की उसके उल्टे पंख और पूछ गोंद में चिपकी हुई थी। जिसके कारण वो उड़ भी नहीं पा रहा था। जिसके बाद उस कबूतर को तुरंत डी-210, वाइल्डलाइफ़ SOS डिफेंस कॉलोनी में लेकर गए। जहां पर उसके एक-एक पंखों को अच्छे से साफ़ किया गया, और पूरी रात उसको रख कर उसकी देख-रेख की गयी और आज जब सुबह में राकेश जी और सत्यप्रकाश जी उसको देखने गए, वहाँ पर हमारी मुलाक़ात संजु जी से हुई। जिसमें पता चला की उसका ट्रीटमेंट अभी भी चल रहा है, इसमें 2-3 दिन और लगेंगे उसके बाद वो ठीक होकर उड़ जाएगा। जिसके बाद हमने वाइल्डलाइफ़ SOS में 2 दिन बाद कबूतर के बारे में पूछा, तो हमे पता चला की वो ठीक हो गया था, और उसे उड़ा दिया गया है। इस तरह से एक मासूम कबूतर की जान अंगाजा फ़ाउंडेशन के द्वारा बचा ली गयी।

## PUPPY RESCUE IN LUCKNOW

Late in the evening, a call came from Lucknow at the Angaja Foundation office from Farhat Durrani that a bitch had given birth to five male puppies and she wanted them rescued as she could not keep them. Lucknow is 500km from Delhi and rescuing these puppies would be a very difficult task. A contact in Delhi Sheeba, a very dedicated dog lover gave me the names of dog lovers who could help out in Lucknow. I (Raka Sinha Bal President Angaja Foundation) approached Preeti and Kamna in Lucknow and asked them whether these puppies could be adopted. After a few days they said it would be very difficult. I decided to send my Man Fridas Dinesh and Sunder in our vehicle to Lucknow to rescue the puppies. He made very good time and reached LUCKNOW by one in the afternoon. He called Farhat who called him to Victoria Street where she lived. The Indian dogs living on the streets would not let Pooja the mother come out of the house. Farhat therefore carried Pooja to the car and then brought the puppies in a bucket. She had to make three trips to get them all packed into the car. Although the puppy family arrived in the middle of a severe winter, they were kept in a warm room with a heater. They are thriving and growing up and they have also been vaccinated. Happy Happy ending.



# SAVE THE UNCLAIMED PUPPIES



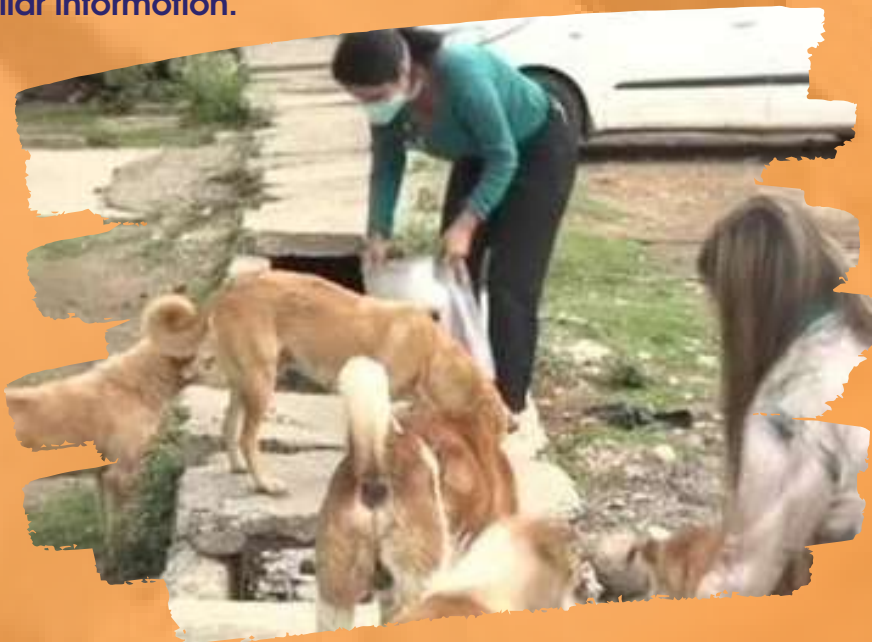
राका सिंहा बल प्रेसिडेंट ऑफ अंगाजा फ़ाउंडेशन, जिनकी संस्था और वो खुद भी जनवारों के हित में काम करती हैं। अभी कुछ दिन पहले ही वो दिल्ली सचिवालय गई थी, वहाँ पर उनको कुछ लोगों ने बताया की गेट न०6 के पास कुत्ते के लावारिस बच्चे हैं जिन्हे आप यहाँ से ले जाए। जिसके बाद उन्होंने वहाँ पर 4 पपीज को देखा, उनको देखते ही उन्होंने अगले दिन दिनेश व सुंदर को भेज कर उन चारों पपीज को उठवा लिया। जिसके बाद उन सबको वो अपने साथ फार्म में लेकर आए। यहाँ उनके फार्म पर और भी बहुत से कुत्ते हैं, जो की एनिमल शेल्टर में रहते हैं। जब वहाँ पर सब कर्मचारी अपने कार्यों में व्यस्त थे, तब उनमें से एक कुत्ते ने एक पपी पर अटैक कर दिया। जिसके बाद वो पपी मर गया जिसके बाद उनके वर्कर ने उसे अच्छे से दफ़ना दिया। बाकी तीन पपीस में से एक जिसका नाम बिटु है उसको टिक बुखार 104.3 डिग्री था। जिसके बाद उसे पाशा अस्पताल लेकर गए। वहाँ पर उसे ड्रिप लगी, उसके बाद टिक बुखार का इलाज़ किया गया जिसका ट्रीटमेंट अभी एक और महिना चलेगा। उसके बाद उसका ब्लड टेस्ट होगा जिसमे पता चलेगा की उसका टिक बुखार ठीक हुआ या नहीं। अब इन तीनों पपीस को अच्छे से खिलाया-पिलाया जा रहा है और कुछ दिन बाद पासा अस्पताल गुरुग्राम से उन्हें टीका लगवाया जाएगा।



# RESIDENTIAL WELFARE ASSOCIATION (SWASTHAYA APARTMENT)



The coordinator of Angaja Foundation, visited the RWA (Swasthaya Apartment) in Vinod Nagar Delhi. During this visit, the coordinator met Sushant ji, who is a committee member of the RWA, After that, the coordinator asked him about the complex and the stray dogs coming there, he replied that our society is closed from all sides, There is a main gate on the front, it is the only way to enter the complex and stray dogs are prohibited in our complex. He said that 5 to 6 stray dogs roam outside the complex, their food is arranged by the complex people, and the drinking water of the stray dogs is changed every 24 hours. Apart from this, they have get stray dogs sterilized through MCD so that the population of dogs does not increase. Many RWAs have been visited to find out about similar information.





# BANI MANDIR GAUSHALA



Satyapraksh Chobey and Dinesh, employees of Angaja Foundation, visited Bani Mandir Gaushala located in Ghata Village Sector-56, Gurgaon. There he met with Bhola who is Caretaker of the Gaushala. He said that in the Gaushala there are 150 cows, 50 bulls and 30 calves. Out of these 10 cows are blind and three cows are injured. In the Gaushala, many people leave unclaimed cows which we keep. The Gaushala is 30 years old. This Gaushala is run by the temple trust, in which devotees from different places donate money to the Gaushala. Twenty cows provide milk which is sold in the nearby locality and cow dung is given to the farmers, which they use as manure. Doctors are called to the Gaushala twice every month for checkup and in case of emergency the doctors are called immediately. We saw that no animal had lumpy disease. The cows enclosures were well ventilated, fans fitted in the enclosures and there was provision for drinking water. For the care of the cows, Eleven workers had been hired, who bathe the cows daily and Proper nutrition is provided daily.

After that, the Coordinator gave information about lumpy disease, he said that due to this disease, lumps are formed on the skin of animals and there is swelling in the joints. The lumps formed on the skin take the form of a wound. The temperature of infected animals rises and they die. It is a virus spread from animal to animal. If this disease infects an animal then that animal should be kept separate from the other animals and special care should be taken to clean that animal. If this disease occurs, it should be treated immediately by a veterinarian.

# RADHA KRISHNA GAUSHALA



Satyapraksh Chobey, Coordinator of Angaja Foundation, visited Radhakrishna Gaushala located in Mayur Vihar Phase-3. There he met with Mr. Ramkumar who is supervisor of the Gaushala. He told about the Gaushala that there are 80 cows, 20 bulls and 15 calves in this Gaushala. It is 30 years old. This Gaushala is run by the temple trust, in which devotees from different places donate for the Gaushala, so that the Gaushala runs well. Fifteen cows provide milk and owner sells milk in nearby localities and cow dung is given to the MCD. Doctors are called to the Gaushala twice every month for checkup of the animals and in case of emergency the doctors are called immediately. The cows enclosures are well ventilated, fans fitted in the enclosures and there is a provision for drinking water. Cows are provided proper nutrition. He told that after the death of any animal, the dead animal is given to the MCD.

After that, Coordinator gave information about lumpy disease, he said that due to this disease, lumps are formed on the skin of animals and there is swelling in the joints. The lumps formed on the skin take the form of a wound. The temperature of infected animals rises and they die. It is a virus spread from animal to animal. If this disease happens to an animal then that animal should be kept separate from other animals and special care should be taken to clean that animal. If this disease occurs, it should be treated immediately by a veterinarian and you can contact us for the vaccine for this disease.



# BABA SURDAS GAUSHALA



अंगाजा फ़ाउंडेशन के कर्मचारी ने 5 मई 2022 को बाबा सूरदास गौशाला का दौरा किया, जिसमें हमारी मुलाकात रेनु जी से हुई जो की वहाँ के मालिक की बेटी है, और अपने पिता की अनुपस्थिति में उन्होंने गौशाला की विजिट करवाई और वहाँ रह रही गायों के बारे में जानकारी दी। गायों के बारे में बताते हुए उन्होंने कहा की इस गौशाला में 60 गाय 20 सांड और 10 बछड़े हैं। इनमें जादातर गायों को यहाँ पर नगर पालिका के द्वारा लाया गया है। हमने इन सभी के लिए अलग-अलग बाड़े बनाए हैं

, और ये सभी बाड़े हवा-दार हैं। हमारे पास 3 अंधी गाय हैं, जिन्हें हम अलग बाड़े में रखते हैं। इसके अलावा 2 गायों के पेरों में चोट लगी हुई उनको भी हमने अलग बाड़े में रखा हुआ है, साथ ही इनका इलाज़ भी चल रहा है। हम गायों के गोबर का खाद बनाने में उपयोग करते हैं। हमारे पास 8 वर्कर है, जो टाइम से उनको पोस्टिक आहार देते हैं, जैसे- हरी-घास, न्यार, भूषा,चोकर आदि। और उनके पानी पिलाने के लिए हौदी बनवा रखी है, जो हर बाड़े में उपलब्ध है। महीने में 2 बार हम डॉक्टर से चैक-अप करवाते हैं, और स्वास्थ्य से जुड़ी गंभीर समस्या होने पर उन्हें तुरंत डॉक्टर को दिखाया जाता है। इसके साथ गाय जो दूध देती है, उन्हें हम कर्मचारियों को बाट देते हैं। इसके अलावा हम इनकी साफ-सफाई पर भी ध्यान देते है, उन्हें रोज़ नहलाते हैं। हमे बहुत से भक्तजन हरा चारा, सूखा चारा व गौशाला के लिए समान व गायों की सेवा के लिए कुछ पैसो का दान देते हैं। हमारे द्वारा देखी गई चीज़े

गायों, बछड़ो व सांडो के लिए अलग-अलग बाड़े बने हुए हैं।

सभी बाड़े हवा-दार हैं, और उनमें पीने की पानी की सुविधा उपलब्ध है।

सभी जनवारों को पौष्टिक चारा समय पर दिया जाता है।

बीमार जनवारों को समय से दवाई दी जाती है।

महीने में 2 बार सभी जानवरों का चैक-अप करवाया जाता है।

गोबर का उपयोग खाद बनाने के लिए किया जाता है।

उन सभी जनवारों का ध्यान रखने के लिए 8 कर्मचारी रखे हुए है।

बाड़े में साफ़ – साफ़ई का ध्यान रखा जाता है।





# ANIL GHORI BAGGI WALE



अंगाजा फ़ाउंडेशन के कर्मचारी ने 12 मई 2022 को अनिल घोड़ी बग्गी वाले जो की खजूरी रोड के पास में है, विजिट की, वहाँ पर हम महेश जी से मिले जो वहाँ पर केयर-टेकर हैं, और पिछले 8 साल से वहाँ पर काम करते हैं। हमने उनसे घोड़ी के बारे में बात की जिसमें उन्होंने बताया की अनिल बैड और घोड़ी बागी का काम यहाँ पिछले 10 सालों से चल रहा है। इस समय हमारे पास 3 घोड़िया हैं। जिन्हें हम अपनी दुकान के पास रखते हैं। इन घोड़ियों का ख्याल रखने के लिए हमारे पास 2 वर्कर है, जो की उन्हें नहलाते है, साफ करते हैं, और टाइम से उनको पोस्टिक आहार देते हैं, जैसे- चने के छिलके, हरी घास, भूशा, चोकर आदि खिलाते हैं। उन सबको एक बड़े हाल में रखा गया है जिसमें पंखे और हवा दार खिड़किया लगयी हुई है। महीने में एक बार वो डॉक्टर से चैक-अप करवाते हैं, और स्वास्थ्य से जुड़ी गंभीर समस्या होने पर उन्हें तुरंत डॉक्टर को दिखाया जाता है। इन घोड़ियों को वो पंजाब और हरियाणा से खरीद कर लाएँ हैं। इसके बाद हमने घोड़े के बारे में बात की, जिस पर उन्होंने बताया की वे केवल घोड़ियों का ही इस्तेमाल करते हैं। इसके इलावा घोड़ों को भी पंजाब हरियाणा के पशु बाज़ारो मे बेचा जाता है। हमने घोड़ियों से जुड़ी उनकी आमदनी के बारे में बात की, जिसपर उन्होंने बताया की जब से लॉकडाउन खुला है और अभी शादियों का सीज़न भी चल रहा है। जिससे हमारी अच्छी आमदनी हो जा रही है।